



*European Network
for Smoking and Tobacco Prevention*

EPACTT 1

EuroPean Accreditation Curriculum on Tobacco Treatment project

Global Bridges™
Healthcare Alliance for Tobacco Dependence Treatment

Funded by Global Bridges Network via an Independent grant for Learning & Change (IGL&C), Pfizer

Action 1

Hands on training



- Was conducted in **Brussels on the 5-6 April 2016**
 - Focused on tobacco control and tobacco treatment:
 - key note presentations
 - case study presentations
 - guidelines for smoking cessation
 - hands on workshops
- The audience: **216 registered participants** (health care professionals, clinicians, policy makers, NGOs)
- **44** health professionals were selected for the evaluation process from the 5 target countries: Armenia, Georgia, Romania, Russia, Greece and Ukraine
- The training program was fully accredited by the European Accreditation Council for Continuing Medical Education (EACCME) with 11 CME credits



Overview

Hands on training - pre vs. post results

Hands on training

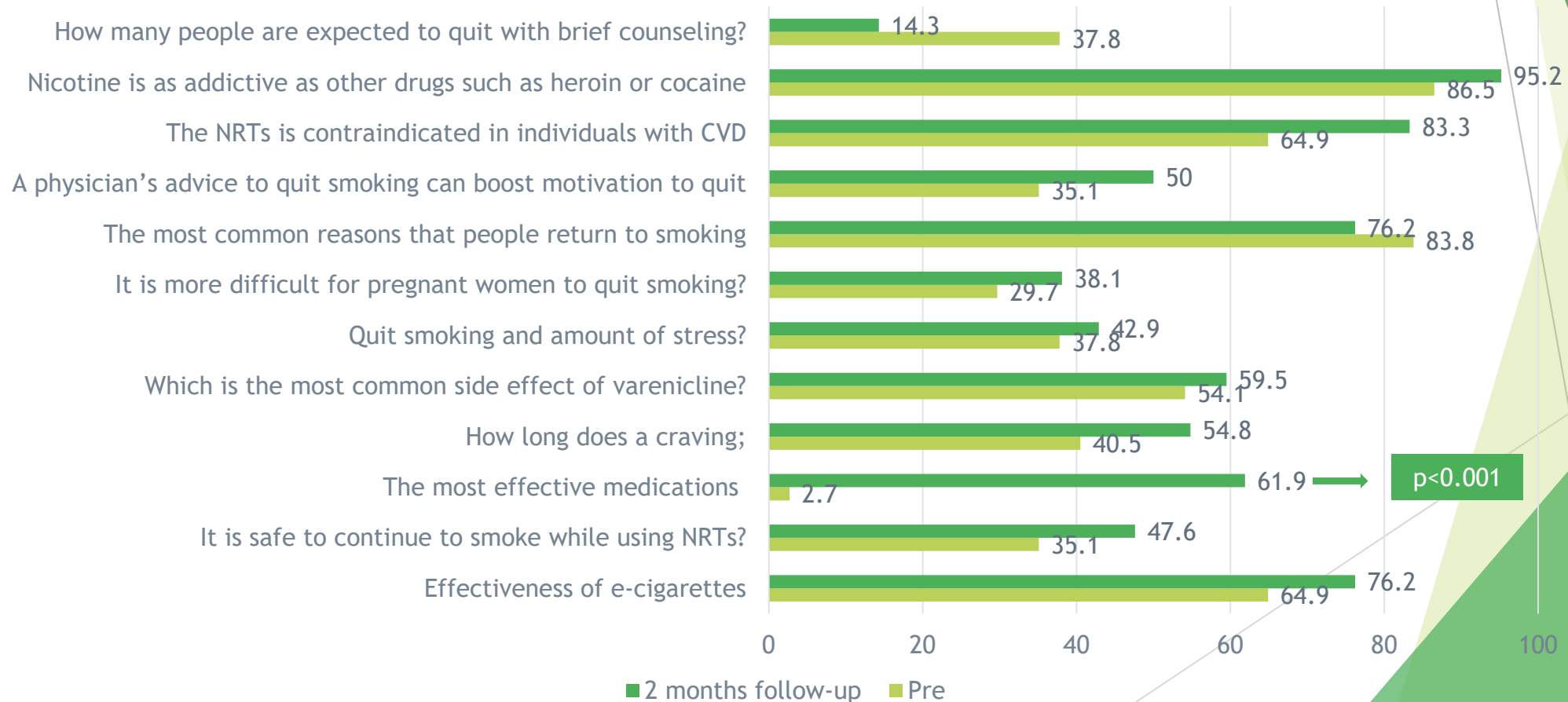
Pre-post evaluations indicated that:

- ✓ Knowledge increased around issues of what are the effective therapies in smoking cessation (Pre 2.7% vs. Post 68%, $p < 0.001$)
- ✓ Knowledge of how much a typical craving lasts, (Pre 40.5% vs. Post 70.5%, $p = 0.007$),
- ✓ Knowledge of the side effects of Varenicline (Pre 54.9% vs. Post 80%, $p = 0.017$).
- ✓ The percentage that correctly answered what are the most effective treatments that increase quitting dramatically increased from 1% to 37% ($p < 0.001$)
- ✓ Knowledge of how long a craving lasts increased from 18% to 38% ($p = 0.007$)
- ✓ Awareness of the most common side effects for pharmacotherapy increased from 25% to 43% ($p = 0.017$)
- ✓ Awareness of the impact of the physicians advice on quit rates increased from 16% to 32% ($p = 0.03$)
- ✓ It is important to note that after the two day training 90% of participants stated that after the intervention that they have the required knowledge to help their patients ($p = 0.001$).

Overview

Hands on training - pre vs. 2 month follow up

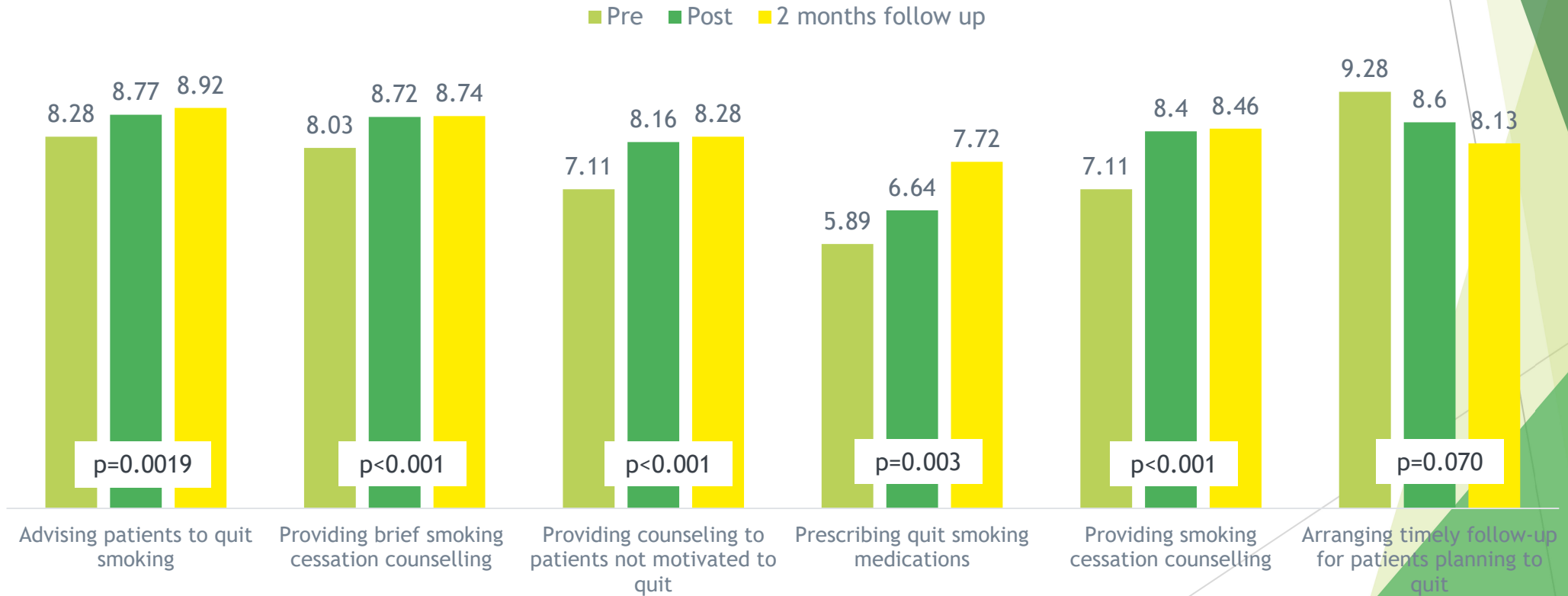
Providers Knowledge



Overview

Hands on training - pre vs. post vs. follow up results

Intention to Provide Smoking Cessation Counseling in practice



*range= 1-10, higher score represents higher intention

Action 2

Guidelines for treating tobacco dependence

- ▶ 2nd Edition of the ENSP Guidelines (released in March 2016)
 - ▶ Developed by European Commission funds (Operating Grant to ENSP)
 - ▶ Free to download through www.ensp.org and www.elearning-ensp.org
 - ▶ Translated - and culturally adapted into 5 European Languages.
 - ▶ A significant policy, capacity building and clinical practice tool.

Language	Title	ISBN
English	ENSP Guidelines for Treating Tobacco Dependence	978-618-82526-0-8
Romanian	GHIDUL ENSP PENTRU TRATAMENTUL DEPENDENTEI DE TUTUN	978-618-82526-1-5
Armenian	Ծխախոսման համապատասխան բուժական ուղեցույց	978-618-82526-2-2
Georgian	თამბაქოს მოწევის შეწყვეტის ევროპული სახელმძღვანელო	978-618-82526-5-3
Ukrainian	ПОСІБНИК З ЛІКУВАННЯ ТЮТЮНОВОЇ ЗАЛЕЖНОСТІ ЗАМІСТЬ ПОСІБНИКА З ПРИПИНЕННЯ ТЮТЮНОКУРІННЯ	978-618-82526-4-6
Russian	РЕКОМЕНДАЦИИ ENSP ПО ЛЕЧЕНИЮ ТАБАЧНОЙ ЗАВИСИМОСТИ	978-618-82526-3-9

Action 3

Pilot E-learning Program



- ▶ Developed using Moodle, included seven training modules

❑ **PART ONE: RECOGNIZING TOBACCO USE AND TOBACCO DEPENDENCE IN GENERAL PRACTICE**

- **Chapter 1:** Assessment of Tobacco Use and Tobacco Dependence and
- **Chapter 2:** General Recommendations for the treatment of tobacco use and tobacco dependence
- **Chapter 3:** Brief Advice on Stopping Tobacco Use

❑ **PART TWO: TREATMENT OF TOBACCO DEPENDENCE**

- **Chapter 4:** Standard Tobacco Treatment Interventions
- **Chapter 5:** Research and Recommendations for Evaluating Smoking Cessation Effectiveness

❑ **PART THREE: EUROPEAN STANDARDS FOR ACCREDITATION OF TOBACCO CESSATION SERVICES AND TRAINING IN TOBACCO CESSATION**

- **Chapter 6:** Recommendations to train health professionals in the treatment of tobacco use and dependence and quality standards for tobacco cessation specialists and services

❑ **PART FOUR: EFFECTIVE CESSATION TECHNIQUES FOR BUSY FAMILY MEDICINE PROVIDERS**

SUSTAINABILITY AND PROGRAM EXPANSION

EPACTT-2

- ▶ ENSP has established an expansion of the activities and capacity building of EPACTT with a focus on health care professionals and policy makers in the Southern, Central and Eastern European region
- ▶ Continued guideline and tool translation
- ▶ Enhanced eLearning modules
- ▶ 11 European region countries
- ▶ 12 European languages

